

Gastronomy Tourism Congress for People and Planet:  
**INNOVATE, EMPOWER AND PRESERVE**

Samarkand, Uzbekistan, 1 - 3 May, 2023

# SILK ROAD INTERNATIONAL UNIVERSITY OF TOURISM AND CULTURAL HERITAGE

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## PAMUKALLE UNIVERSITY, TURKIYE

We would like to welcome everyone to the **Gastronomy Tourism Congress for People and Planet: Innovate, Empower and Preserve.**

Please note that the Workshop is a professional, work-related event and **business casual attire is appropriate.**

**DATES:** As previously shared, **the Congress** workshop will be on May 1-3, 2023.

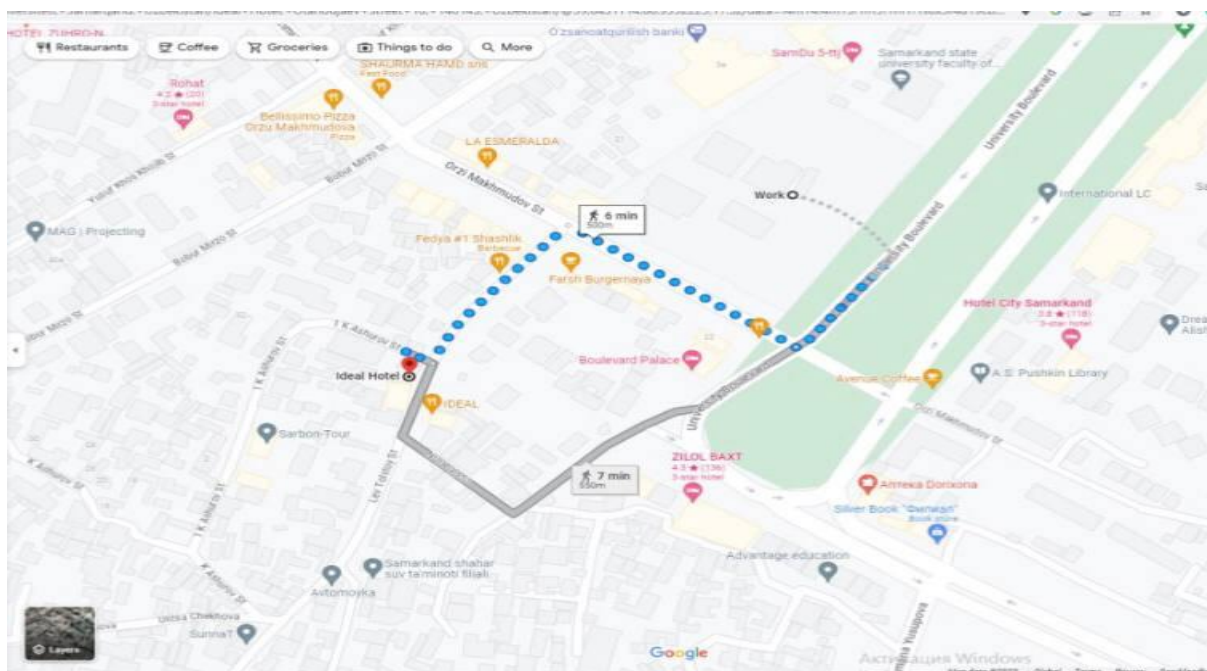
Sessions will start promptly in the mornings at 10:00 on May 1-3, 2023 and will end at around 16:00.

**ARRIVAL LOGISTICS:** Please note hotel check-in starts on Monday May 1st at 14:00, therefore in case of early arrival, you can store your luggage in the hotel Luggage room before the check-in starts. Upon your arrival, please talk to hotel staff that a room has been booked for you by Silk Road International University of Tourism and Cultural Heritage.

**Arrival transfer:** for international travelers, an airport and train transfer will be provided. [Please request your transfer from airport/train station to the hotel by Sunday noon through \[akmaljonodilov91@gmail.com\]\(mailto:akmaljonodilov91@gmail.com\) or +99899 600 99 09.](#)

### HOTEL SITE/DIRECTIONS AND TRANSPORT:

- The hotel stay for requested participants will take place at the **IDEAL HOTEL** located in 6 minutes away by walk from the university.
- Address: Ideal Hotel, Otahodjaev Street 10, 140143, Samarkand, Uzbekistan;
- The [map](#) is below.
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**PASSPORT COPIES (AND OTHER OFFICIAL DOCUMENTATION):** Everyone will present their passport upon checking into the hotel. In general, it is a good idea to have a copy of your passport to keep on hand when walking around the city.

**APPROPRIATE DRESS:** As everyone is aware, the Conference is a work function, and all participants are expected to dress appropriately and professionally (please no jeans).

## GETTING AROUND

The best way to get around Samarkand is taxi. Regular price from the Hotel to bazars or other landmarks is about 10,000 -15,000 UZS (\$1-\$1,5). Please negotiate before getting into taxi.

Also, you can download and use mobile taxi services:

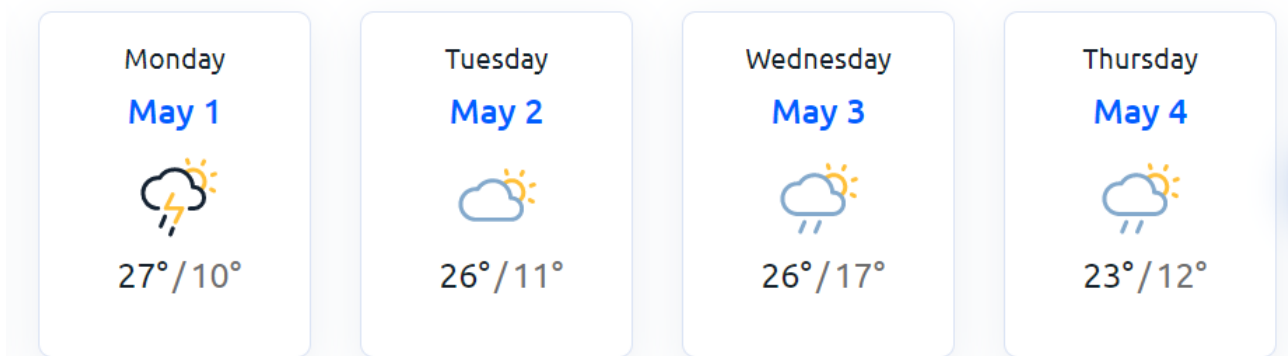
### Yandex Taxi

<https://play.google.com/store/apps/details?id=ru.yandex.taxi&hl=ru&gl=US>

## WEATHER IN SAMARKAND

The average temperature in Samarkand in May for a typical day ranges from a high of 81°F (27°C) to a low of 54°F (12°C).

Below is the weather forecast for Samarkand city for the week of the conference:



## CURRENCY IN SAMARKAND

The exchange rate in Uzbekistan:

1 USD = 11 377,34 UZS. The exchange rate could be different in banks. For the latest exchange rates you can review this website [www.xe.com](http://www.xe.com) or <https://nbu.uz/en/exchange-rates/>

Please bring USD or EUR for exchange. The USD bills/notes should be clean, without any markings on them. If the note is a bit damaged, or marked, the exchange office will not accept them. There are many ATMs around the city, where you can withdraw local currency from Visa Cards.

Please do not exchange large amounts at one time. \$100-200 is the best amount to exchange.

## EMERGENCY CONTACTS IN SAMARKAND

In case of emergency please contact **Akmaljon Odilov** at +998 99 600 99 09

Emergency phone numbers in the country are: 101 – Fire Department  
102 – Police  
103 – Ambulance

## NATIONAL MEALS



Palov (Osh)

**Ingredients:** moderately fat lamb, medium grain rice, carrot, cumin. Can be served with boiled eggs and kazy upon request.



Samsa

**Ingredients:** dough: milk, butter, flour;  
Filling: lamb / beef / potato;  
Seasonally: greens / pumpkin.



Shashlik

**Ingredients:** lamb, beef, chicken, liver or ground beef. Served with thinly sliced onion.



Moshkburda

### Fried soup with mung beans

**Ingredients:** mung beans, rice, meat, onions, carrot, potatoes, tomatoes, fresh greens, salt and pepper.



Lagman

**Ingredients:** homemade noodle, lamb or beef, carrot, celery stalk, red sweet pepper, seasonal vegetables, garlic, cilantro.



Shurpa

### Slow cooked soup

**Ingredients:** fresh lamb with bone, onion, tomato, carrot, green bell pepper, potatoes, chickpeas (optional), salt, pepper, cumin.



**Mastava**

**Ingredients:** beef, carrot, rice, potato, tomato(paste), cilantro. Garnished with sour cream.



**Nohat Shorak**

**Ingredients:** chick peas and meat. Served with broth and kazy



**Chuchvara**

**Ingredients:** boiled dough filled with small portions of ground meat and onion.



**Fried Lagman**

**Ingredients:** beef, tomato, egg, homemade noodles, seasonal vegetables.



**Beshbarmak**

**Ingredients:** homemade noodles, horse meat, lamb/beef. Usually served with broth and yogurt.



**Kazan Kabob**

**Ingredients:** lamb on bones, potato, oil.

## ALCOHOL



## NATIONAL SALAD



# CONGRESS TIMETABLE

DAY 1, 1 <sup>st</sup> of May	DAY 2, 2 <sup>nd</sup> of May	DAY 3, 3 <sup>rd</sup> of May
<p><b>1. Opening Speech</b></p> <p><b>Prof. J.D. Eltazarov</b> (First Vice-Rector of Silk Road University)</p> <p><b>TIME: 10:00-10:15</b></p> <p><b>2. Prof., Dr. Ahmet Kutluhan</b> (Rector of Pamukkale University, TURIKYE)</p> <p><b>TIME: 10:15-10:30</b></p> <p><b>3. Prof. Dr. Eko Shri Margianti</b> (Rector of Gunadarma University, INDONESIA)</p> <p><b>TIME: 10:30 - 10:45</b></p> <p><b>4. Prof. Dr. Akqit Mehmet Siddik</b> (Executive Director of GAYE Foundation, TURKIYE)</p> <p><b>TIME: 10:45 – 11:00</b></p> <p><b>Coffee Break</b> <b>TIME: 11:00-11:45</b></p> <p><b>5. Prof. Dr. Raymond Joseph Hoffmann</b> (Vice-Rector for Academic Affairs, Silk Road University)</p> <p><b>TIME: 11:45 – 12:00</b></p> <p><b>6. Prof. Dr. Hafiz Hiseynov</b> (Head of Tourism and Management Department, Azerbaijan Tourism and Management University)</p> <p><b>TIME: 12:00 – 12:15</b></p> <p><b>7. Tony Zou</b> (Vice-rector, Silk Road University)</p> <p><b>TIME: 12:15 -12:30</b></p> <p><b>8. Prof. Erdogan Ekiz</b></p>	<p><b>Tour around Samarkand:</b></p> <p><b>Bus leaves at 9am.</b> <i>(we meet at the entrance of the university where tree of peace is located)</i></p> <p><b>Visiting places:</b></p> <ol style="list-style-type: none"> <li>1. Registan square</li> <li>2. Gori-Amir mausoleum</li> <li>3. Bibikhanim mosque</li> <li>4. Afrosiyab Museum</li> <li>5. Shahi Zinda mausoleum complex</li> <li>6. Ulugbek Observatory</li> <li>7. Mausoleum of St. Daniel</li> <li>8. Bibikhanim mausoleum</li> <li>9. Konigil village</li> <li>10. Mahdumi Azam memorial complex</li> <li>11. Imam Moturudi memorial complex</li> <li>12. Khoja Ahror Vali Mosque</li> <li>13. Museum of peace and solidarity in Samarkand</li> </ol>	<p><b>1. Opening speech by anchorperson</b></p> <p><b>TIME: 10:00-10:15</b></p> <p><b>2. Saloyev Akhmad Akbarovich</b> (Founder of Shashlik.uz, SAMARKAND)</p> <p><b>TIME: 10:15-10:30</b></p> <p><b>3. Mekhrufa Vafakulova</b> (Lecturer, Silk Road university)</p> <p><b>TIME: 10:30 - 10:45</b></p> <p><b>4. Bakhrarov Sardor Orifjonovich</b> (Founder of Nawat restaurant)</p> <p><b>TIME: 10:45 – 11:00</b></p> <p><b>5. Lin Zhixin</b> (MA student, Silk Road university, CHINA)</p> <p><b>Coffee Break</b> <b>TIME: 11:00-11:45</b></p> <p><b>6. Azim Bayanhanov Abbaskhanovich</b> (Founder of La Esmeralda restaurant)</p> <p><b>TIME: 11:45 – 12:00</b></p> <p><b>7. Gunel Kuluzade</b> (MA student, Silk Road university, AZARBAIJAN)</p> <p><b>TIME: 12:00 – 12:15</b></p> <p><b>8. Shehroz Babakhanov Akhtamovich</b> (Founder of Magistr Brighton cafes)</p> <p><b>TIME: 12:15 -12:30</b></p> <p><b>9. Maitreyi Pandey</b> (MA student, Silk Road university, INDIA)</p>

<p>(Dean, TEAM university, TURKIYE)</p> <p><b>TIME: 12:30 -12:45</b></p> <p><b>9. Associate Prof. Kadirova Mokhira</b></p> <p>(Chair of International University of Tourism and Entrepreneurship, Tajikistan)</p> <p><b>TIME: 12:45 -13:00</b></p> <p><b>LUNCH</b> <b>TIME: 13:00-14:00</b></p> <p><b>10. Prof. Dr. Alex Condor</b></p> <p>(Head of Research Centre, TEAM University, TURKIYE)</p> <p><b>TIME: 14:00-14:15</b></p> <p><b>11. Prof. Dr. Khan Sheraz</b></p> <p>(Tashkent State University of Oriental Studies, INDIA)</p> <p><b>TIME: 14:15-14:30</b></p> <p><b>12. Assistant Prof. Makhabbat Ramazonova</b></p> <p>(Portucalense University, PORTUGAL)</p> <p><b>TIME: 14:30-14:45</b></p> <p><b>13. Prof. Dr. Nick Naumov</b></p> <p>(Higher Colleges of Technology, UAE)</p> <p><b>TIME: 14:45-15:00</b></p> <p><b>14. Prof. Dr. Fayziyeva Sayyora Quدراتovna</b></p> <p>(Bukhara State University)</p> <p><b>TIME: 15:00-15:15</b></p> <p><b>15. Derya Toksöz Kılıç</b></p>		<p><b>TIME: 12:30 -12:45</b></p> <p><b>10. Davronov Davlat Akmalovich</b> (CEO of Amir restaurant)</p> <p><b>TIME: 12:45 -13:00</b></p> <p><b>LUNCH</b> <b>TIME: 13:00-14:00</b></p> <p><b>11. Maxmudova Aziza</b> (Lecturer, Samarkand Institute of Economics and Services)</p> <p><b>TIME: 14:00-14:15</b></p> <p><b>12. Ibragimova Zebo Gazanfarovna</b> (Manager, Nur Halal restaurant)</p> <p><b>TIME: 14:15-14:30</b></p> <p><b>13. Djurayev Behzod Nurullayevich</b> (Lecturer, Samarkand Branch of Tashkent University of Economics)</p> <p><b>TIME: 14:30-14:45</b></p> <p><b>14. Nikita Shimchuk</b> (MA student, Silk Road university, BELARUS)</p> <p><b>TIME: 14:45-15:00</b></p> <p><b>15. Bayu Dian Sua Pratama</b> (MA student, Silk Road university, INDONESIA)</p> <p><b>TIME: 15:00-15:15</b></p> <p><b>16. Kanan Salamzada</b> (MA student, Silk Road university, AZERBAIJAN)</p> <p><b>TIME: 15:15-15:30</b></p> <p><b>17. Zhang Yiqing</b> (MA student, Silk Road university, CHINA)</p> <p><b>TIME: 15:30-15:45</b></p>
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<p>(Isparta University of Applied Sciences, TURKIYE)</p> <p><b>TIME: 15:15-15:30</b></p> <p><b>16. Prof. Dr. Öğretim Görevlisi Atif AKKİL</b></p> <p>(Duzche University, TURKIYE)</p> <p><b>TIME: 15:30-15:45</b></p> <p><b>17. Prof. Dr. Serkan Bertan</b></p> <p>(Pamukalle University)</p> <p><b>TIME: 15:45-16:00</b></p> <p><b>18. Nur Aisya Adriana</b> (MA student, Silk Road university, MALAYSIA)</p> <p><b>TIME: 16:00-16:15</b></p> <p><b>19. Adamanov Kemal</b> (Founder of Sophia Restaurant, Samarkand)</p> <p><b>TIME: 16:15-16:30</b></p> <p><b>20. Hossein SamadiMilani&amp; Marzieh Shahisavandi</b> (MA student, Silk Road university, IRAN)</p> <p><b>TIME: 16:30-16:45</b></p>		<p><b>18. Freshta Qaoumi</b> (MA student, Silk Road university, AFGHANISTAN)</p> <p><b>TIME: 15:45-16:00</b></p> <p><b>19. Muhammad Gulfam Saeed</b> (MA student, Silk Road university, PAKISTAN)</p> <p><b>TIME: 16:00-16:15</b></p>
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